

2009 Class Dates and Locations

<u>Date</u>	<u>Time</u>
2008	
December 18	1:00-5:00 pm
2009	
January 22	1:00-5:00 pm
February 17	5:30-9:30 pm
March 17	1:00-5:00 pm
April 14	5:30-9:30 pm
May 14	1:00-5:00 pm
June 25	5:30-9:30 pm
July 23	1:00-5:00 pm
August 13	1:00-5:00 pm
September 10	5:30-9:30 pm
October 8	5:30-9:30 pm
November 12	1:00-5:00 pm
December 10	1:00-5:00 pm

Class Fee is \$40.00 per person

Grand Island Classes are held at:
UNL Extension in Hall County
3180 W Hwy. 34, College Park,
Grand Island

This class meets the requirements of the Nebraska Parenting Act as amended by LB 554 in 2007.

Send form and payment at least one week prior to class date. Money must accompany registration.

Parents Forever

What is Parents Forever?

Parents Forever is an educational course for parents who are in the process of divorce, or who are interested in custody modification or paternity proceedings.

The program will help parents understand the **impact of this action on their children** and provide concrete steps that parents can take to **help their children succeed through the process.**

Workshop Topics...

1. Adjustment to parental separation
2. Conflict management negotiation
3. Issues of developmental ages and stages
4. Safe transitions between homes
5. Defining abuse and neglect
6. Improving communication: "I" messages and active listening
7. Developing a parenting plan



Questions commonly asked by children of divorcing parents.....

“Why are you and Mommy getting a divorce?”

“Is it my fault?”

“Will we ever live together again?”

“When will I see my Dad?”

“Why do we have to move?”

Divorce isn't caused by kids, but they are caught in the middle of it for the rest of their lives. What can we do to build skills and strengthen character for kids of divorce?

We teach....

1. The process of separation or divorce
2. Communication and coping skills
3. Recognition of stages of grief and loss
4. Conflict management skills
5. Rights and responsibilities of children of divorce
6. Interaction between parent and child on emotional issues

Parents Forever Registration

Please Print

Name: _____

Address _____

Phone _____

Date Attending: _____

Birthdate _____

Name of other parent involved

Is there any reason this person should not be in
the same class? Yes No

Reason _____
Restraining Order, High Conflict, Domestic
Abuse

Number of Children involved: _____

Children's Ages: _____

County where case being filed: _____

Court Case#: _____

Make checks payable to and send this form to:

UNL Extension in Hall County
3180 W Highway 34, College Park
Grand Island, NE 68801

Please enclose \$40 per person registration fee.

Kids Talk About Divorce

What is Kids Talk?

Kids Talk is an educational course for children
ages 6-18 experiencing divorce. It is offered at
the same time as Parents Forever at selected sites.

KTAD is not available at this
site. For more information or
to find a KTAD class, contact
UNL Extension at 308-385-
5088 or 402-762-3644.

Each youth will be treated with respect and
confidentiality. Once registered, the youth
will be expected to complete the educational
program.

For a complete list of statewide
Parents Forever and Kids Talk About
Divorce classes, check out:
www.lancaster.unl.edu/family

For additional information:

<http://Hall.unl.edu>

Extension is a Division of the Institute of Agriculture and
Natural Resources at the University of Nebraska–Lincoln
cooperating with the Counties and the United States
Department of Agriculture.

University of Nebraska–Lincoln Extension educational
programs abide with the nondiscrimination policies of the
University of Nebraska–Lincoln and the United States
Department of Agriculture.

UNIVERSITY OF
Nebraska
Lincoln

EXTENSION

Know how. Know **now**.



Parents Forever
Education For Families in
Divorce Transition
and

**Kids Talk About
Divorce**

An educational program
for school-age children
experiencing divorce.

For more information contact
University of Nebraska–Lincoln Extension
in:

Hall County
College Park
3180 W Highway 34,
Grand Island, NE 68801
308-385-5088
mfox1@unl.edu

